



Severe Sepsis and Septic Shock: Management Bundle (Composite Measure) v5.8 Measure Updates

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Agenda

The purpose of this event is to:

- Clarify the changes and rationale behind the updates to the SEP-1 measure and guidance in version 5.8 of the specifications manual.
- Discuss updates to SEP-1 for patient cases with COVID-19
- Respond to frequently asked questions.

Objective

At the end of the presentation, participants will be able to understand and interpret the updated guidance in version 5.8 of the specifications manual to ensure successful reporting for the SEP-1 measure.

Acronyms and Abbreviations

AKI	acute kidney injury	INR	International Normalized Ratio	PICC	peripherally inserted central catheter
APN	advanced practice nurse	IV	intravenous	PNA	pneumonia
BMI	body mass index	kg	kilogram	PO	oral
BP	blood pressure	L	liter	POA	present on admission or present on arrival
CE	Continuing education	lbs	pounds	Pt	patient
C. diff/ C. difficile	Clostridium difficile	MAP	mean arterial pressure	QD	once a day
CMS	Centers for Medicare & Medicaid Services	MD	Medical doctor	r/t	related to
CT	CAT scan	mg	milligram	SBP	systolic blood pressure
CXR	chest x-ray	mL	milliliter	SEP	sepsis
ED	emergency department	mmHg	milliliter of mercury	SIRS	systemic inflammatory response syndrome
EMS	Emergency Medical Services	mmol	millimoles	UO	urinary output
GI	gastrointestinal	Nitro	Nitroglycerin	UTD	unable to determine
I&O	Intake and Output	NS	normal saline	v	version
IBW	ideal body weight	PA	physician assistant	VIQR	Value, Incentives, and Quality Reporting

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Broad Spectrum or Other Antibiotic Administration Selection New Guidance v5.8

- If the patient has *C. difficile*, and IV antibiotic(s) from Table 5.0 or an appropriate combination of IV antibiotics from Table 5.1 are not started within the 3 hours following presentation of severe sepsis, and the following conditions are met, choose Value “1.”
 - There is physician/APN/PA documentation within 24 hours prior to the antibiotic start time identifying the presence of *C. difficile*. Documentation that *C. difficile* is suspected or likely is acceptable.
 - Any one of the treatments below is initiated within 3 hours following severe sepsis presentation:
 - Oral vancomycin with or without oral or IV metronidazole (Flagyl)
 - Rectal vancomycin with or without IV metronidazole (Flagyl)
 - IV metronidazole (Flagyl) monotherapy
 - Oral fidaxomicin (Dificid)

Broad Spectrum or Other Antibiotic Administration Selection v5.8 Question #1

Q. Would you select Value “1” (Yes) for the *Broad Spectrum or Other Antibiotic Administration Selection* data element based on the physician documentation below for administration of oral Difucid within three hours after severe sepsis presentation?

- Severe Sepsis Presentation Date/Time: 7/4/2020 1100
- Physician Note 7/4/2020 0600: “suspect C. diff”
- Difucid (PO): start date/time: 7/4/2020 1230

A. Yes, select Value “1” (Yes). There is physician documentation within the 24 hours prior to the antibiotic start time identifying the presence of C.diff and oral Difucid was administered within 3 hours after the *Severe Sepsis Presentation Time*.

Crystalloid Fluid Administration

New Guidance v5.8

- Physician/APN/PA can use Ideal Body Weight (IBW) to determine the target ordered volume if all of the following conditions are met. Other acceptable weight terms include predicted weight, dosing weight, and adjusted body weight.
 - Physician/APN/PA documents the patient is obese (defined BMI >30).
 - Physician/APN/PA documents IBW is used to determine target ordered volume.
 - IBW must be present in the medical record, abstractors should not calculate the IBW.

Knowledge Check:

Crystalloid Fluid Administration

If all the following weights are documented in the medical record, which would you use to determine the target ordered volume if the physician fluid order states, “NS IV 30 mL/kg over 2 hours, BMI >30, use adjusted body weight”?

- A. IBW 69 kg**
- B. Adjusted Body Weight 75 kg**
- C. Weight 190 lbs**
- D. Predicted Weight 68 kg**

Knowledge Check:

Crystalloid Fluid Administration

If all the following weights are documented in the medical record, which would you use to determine the target ordered volume if the physician fluid order states, “NS IV 30 mL/kg over 2 hours, BMI >30, use adjusted body weight”?

A. IBW 69 kg

B. Adjusted Body Weight 75 kg

C. Weight 190 lbs

D. Predicted Weight 68 kg

Use the adjusted body weight of 75 kg because there is physician documentation of obesity and direction to use the adjusted body weight to determine the target ordered volume.

Initial Hypotension

New Guidance v5.8

- If hypotension (SBP <90 mmHg or MAP <65 mmHg) is due to the following, it should not be used. Inferences should not be made. The abnormal value or reference to the abnormal value must be in the same documentation (i.e., same sentence or paragraph).
 - Normal for that patient
 - Is due to a chronic condition
 - Is due to a medication

Initial Hypotension v5.8 Question #1

- Q. Would you use the hypotensive value based on the below physician documentation to establish *Initial Hypotension*?
“Administering 30 mL/kg based on hypotension. This is not abnormal for her due to diabetes.”
- A. No, do not use the hypotensive blood pressure readings to establish *Initial Hypotension* because the reference to the abnormal value is included in the same documentation (i.e., same paragraph) as the chronic condition.

Initial Hypotension v5.8 Question #2

Q. Would you use the hypotensive value based on the below physician documentation to establish *Initial Hypotension*?

ED Diagnosis: Hypotension

MD Orders: Nitro Sublingual 0.4 mg

A. Yes, use the hypotensive blood pressure readings to establish *Initial Hypotension* because the reference to the abnormal value (hypotension) is NOT included in the same documentation (i.e., same sentence or paragraph) as the medication.

Initial Hypotension

New Guidance v5.8

- If a hypotensive value is due to an acute condition that has a non-infectious source/process, it should not be used (Refer to *Severe Sepsis Present* criteria “a” to determine if the source of the acute condition is an infection).

Examples:

- “BP 85/50 r/t blood loss” “2 liters lost via GI bleed” (blood loss is the acute condition and GI bleed is the non-infectious source).
- “Hypotension, related to dehydration, not sepsis” (dehydration is the acute condition and “not sepsis” is the non-infectious source).

Initial Hypotension

New Guidance v5.8

- Use of documentation in pre-hospital records (e.g., ambulance records, nursing home records) that is considered part of the medical record is acceptable for determining *Initial Hypotension*. If the criteria for determining *Initial Hypotension* were met prior to arrival and the patient is not hypotensive on arrival to the ED or hospital, select Value “2” (No).

Knowledge Check: Initial Hypotension

Which value would you select for *Initial Hypotension* if EMS documentation includes blood pressures of 85/51 at 1530 and 84/53 at 1545 and a blood pressure of 92/60 was documented in the ED on arrival?

A. Value “1” (Yes)

B. Value “2” (No)

Knowledge Check: Initial Hypotension

Which value would you select for *Initial Hypotension* if EMS documentation includes blood pressures of 85/51 at 1530 and 84/53 at 1545, and a blood pressure of 92/60 was documented in the ED on arrival?

A. Value “1” (Yes)

B. Value “2” (No)

Select Value “2” (No) because the patient was hypotensive prior to arrival but not hypotensive on arrival to the ED.

Initial Hypotension Date and Time

New Guidance v5.8

- Exception for Prior to Arrival:
 - For patients who met criteria for *Initial Hypotension* prior to arrival and remain hypotensive when they arrive at the Emergency Department (ED), use the earliest documented ED arrival time.
 - For patients who met criteria for *Initial Hypotension* prior to arrival and remain hypotensive when they arrive to the hospital, use the earliest documented time when the patient arrives to floor or unit.

Initial Hypotension Time v5.8 Question #1

Q. What date and time would you use from the below documentation to establish the *Initial Hypotension Date* and *Initial Hypotension Time*?

Urgent Care:

1415: BP = 83/51

ED Arrival:

1442

Ambulance:

1430: BP = 85/54

ED Flow Sheet:

1443: BP = 86/53

A. Use 1442 for the *Initial Hypotension Time* because the patient met *Initial Hypotension* prior to arrival to the ED and remains hypotensive upon arrival.

Initial Lactate Level Result

New Guidance v5.8

- For the following, physician/APN/PA documentation prior to or within 24 hours after *Severe Sepsis Presentation Time* is required.
 - If the elevated lactate is due to the following, select Value “1.” Inferences should not be made. The abnormal value or reference to the abnormal value must be in the same documentation (i.e., same sentence or paragraph).
 - Normal for that patient
 - Is due to a chronic condition
 - Is due to a medication

Initial Lactate Level Result

New Guidance v5.8

- If the elevated lactate is due to an acute condition that has a non-infectious source/process, select Value “1.” (Refer to *Severe Sepsis Present* criteria “a” to determine if the source of the acute condition is an infection).

Example:

- “Lactate 4.3 r/t seizure” “Seizure post brain injury” (seizure is the acute condition and brain injury is the non-infectious source).

Initial Lactate Level Result v5.8 Question #1

Q. Would you select Value “1” (≤ 2) for the *Initial Lactate Level Result* data element based only on the below APN documentation?

APN Note: “Lactic acidosis r/t alcohol consumption, infection not suspected.”

A. Yes, select Value “1” because the reference to the elevated lactate (lactic acidosis) is documented as due to alcohol consumption and not due to an infection.

Initial Lactate Level Result

New Guidance v5.8

- If the elevated lactate should not be used based on the above guidance, all instances of less severe values should not be used.
- If the elevated lactate is due to the following, the elevated lactate value should be used.
 - Acute condition
 - Acute on chronic condition
 - Infection

Initial Lactate Level Result

New Guidance v5.8

- Documentation of a term that represents or is defined by an elevated lactate is acceptable in place of an abnormal value when documented as normal for the patient, due to a chronic condition, due to a medication, or due to an acute condition that has a non-infectious source/process.

Examples:

- Hyperlactatemia
- Lactic Acidosis

Knowledge Check: Initial Lactate Level Result

Which value would you select for the *Initial Lactate Level Result* if the result of the initial lactate was 3.3 and the PA documented “lactic acidosis secondary to metformin use.”

- A. Value “1” (≤ 2)
- B. Value “2” (> 2 and < 4.0)
- C. Value “3” (≥ 4)

Knowledge Check: Initial Lactate Level Result

Which value would you select for the *Initial Lactate Level Result* if the result of the initial lactate was 3.3 and the PA documented “lactic acidosis secondary to metformin use.”

A. Value “1” (≤ 2)

B. Value “2” (> 2 and < 4.0)

C. Value “3” (≥ 4)

Select Value “1” because the PA documentation attributes the elevated lactate (lactic acidosis) to be due to a medication.

Initial Lactate Level Result

New Guidance v5.8

- If within the same physician/APN/PA documentation, there is conflicting documentation indicating the elevated lactate is normal for the patient, or due to a chronic condition or medication AND due to or possibly due to an infection, Severe Sepsis, or Septic Shock, the criteria value should be used.
- If within 24 hours *after Severe Sepsis Presentation Time* there is conflicting information within two or more separate pieces of physician/APN/PA documentation indicating the elevated lactate is normal for the patient, or due to a chronic condition or medication AND due to or possibly due to an infection, Severe Sepsis, or Septic Shock, abstract based on the latest piece of documentation within the 24-hour period.

Persistent Hypotension

New Guidance v5.8

- 2 (No or UTD) Persistent hypotension or new onset of hypotension was not present within one hour of the conclusion of crystalloid fluid administration at the target ordered volume or Unable to Determine.

Persistent Hypotension

New Guidance v5.8

- If there are more than two blood pressures documented, refer to the last two consecutive blood pressures within the hour:
 - If there is a normal blood pressure followed by another normal blood pressure, select Value “2.”
 - If there is a normal blood pressure followed by a low blood pressure, select Value “2.”

Persistent Hypotension

v5.8 Question #1

Q. Which allowable value would you select for *Persistent Hypotension*?

- Hour to assess for *Persistent Hypotension* is from 0950 to 1050
- BP readings at 1020 is SBP = 92 and 1045
SBP = 84

A. Select Value “2” (No). There is a normal blood pressure followed by a low blood pressure.

Repeat Lactate Level Collection

New Guidance v5.8

Definition: Documentation of obtaining a repeat lactate level **within** the **specified** time window.

Suggested Data Collection Question: Was a repeat lactate level drawn **within** the **specified** time window?

Allowable Values:

- 1 (Yes) A repeat lactate level was drawn **within** the **specified** time window.
- 2 (No) A repeat lactate level was not drawn **within** the **specified** time window, or unable to determine.

Repeat Lactate Level Collection

New Guidance v5.8

- A repeat lactate level is the next lactate level drawn after the initial lactate level if the initial lactate is elevated (>2.0 mmol/L). The specified time window for the repeat lactate collection begins after the *Initial Lactate Level Collection Time* and ends 6 hours after the *Severe Sepsis Presentation Time*.
- If a repeat lactate level was drawn but not in the time window beginning after the *Initial Lactate Level Collection Time* and ending 6 hours after the *Severe Sepsis Presentation Time*, choose Value “2.”

Knowledge Check:

Repeat Lactate Level Collection

Which allowable value would you select for the *Repeat Lactate Level Collection* data element if the *Initial Lactate Level Result* was 4.4 and collected at 1300, the *Severe Sepsis Presentation Time* was 1530, and the only other lactate collection occurred at 1500 with a result of 3.2?

- A. Value “1” (Yes)**
- B. Value “2” (No)**

Knowledge Check:

Repeat Lactate Level Collection

Which allowable value would you select for the *Repeat Lactate Level Collection* data element if the *Initial Lactate Level Result* was 4.4 and collected at 1300, the *Severe Sepsis Presentation Time* was 1530, and the only other lactate collection occurred at 1500 with a result of 3.2?

A. Value “1” (Yes)

B. Value “2” (No)

Select Value “1” (Yes) because the lactate collection at 1500 occurred within the specified time window for the *Repeat Lactate Level Collection* data element beginning after the *Initial Lactate Level Collection Time* and ending 6 hours after the *Severe Sepsis Presentation Time*.

Repeat Volume Status and Tissue Perfusion New Guidance v5.8

- Urine Output (UO)
 - Physician/APN/PA documentation must reference urine output (e.g., increased or decreased urine output, oliguria, anuria, urine concentration, urine color).

Repeat Volume Status and Tissue Perfusion New Guidance v5.8

Q. Does the documentation below meet the urine output parameter for one of the five parameters to suffice the *Repeat Volume Status and Tissue Perfusion Assessment Performed* data element?

PA Note: “I&Os reviewed”

A. No, the PA documentation “I&O’s reviewed” is not acceptable documentation to meet the urine output parameter. Acceptable documentation should reference the urine output rather than “I&O’s” or “output” alone.

Septic Shock Present

New Guidance v5.8

- In order to establish the presence of Septic Shock by clinical criteria, one of following two criteria (a or b) must be met:

a. Severe Sepsis Present

AND

Persistent Hypotension evidenced by:

- Persistent hypotension or new onset of hypotension was present within one hour after the target ordered volume of crystalloid fluids was completely infused.

Septic Shock Present v5.8

Question #1

Q. Which allowable value would you select for *Septic Shock Present* based only on the documentation below?

Severe Sepsis Presentation Time: 1700

Target ordered volume completed: 1800

Blood pressures documented: 1810 = 93/59

1825 = 82/50

Levophed via PICC start time: 1905

A. Select Value “1” (Yes). Based on the two blood pressure readings, including the hypotensive reading at 1825 and the administration of a vasopressor, you would select Value “1” (Yes) for *Persistent Hypotension*. Therefore, *Septic Shock Present* clinical criteria (*Severe Sepsis Present* and *Persistent Hypotension*) were met at 1825.

Septic Shock Present

New Guidance v5.8

- If clinical criteria for Septic Shock are NOT met, and the only physician/APN/PA documentation of Septic Shock indicates that Septic Shock is due to a viral, fungal, or parasitic infection, choose Value “2.”

Septic Shock Present

v5.8 Question #2

Q. Which allowable value would you select for the *Septic Shock Present* data element based only on the below documentation when septic shock clinical criteria were not met?

APN Note: “Pt with septic shock r/t influenza.”

A. Select Value “2” (No) because septic shock clinical criteria were not met, and the only documentation of septic shock indicates that it is related to a viral infection.

Septic Shock Presentation Date & Time

New Guidance v5.8

- If septic shock is in a physician/APN/PA note without a specific date documented within the note or documented using the acronym POA, the following apply:
 - If it is the only documentation of septic shock in the note, use the time the note was started or opened.
 - If a timestamp reflecting the note opened or started time is unavailable, use the following sources in priority order.
 1. Provider Patient Care Initiated time (e.g. Seen date, Contact date, etc.)
 2. Scribe time
 3. Earliest time at the beginning of the note reflecting when the note was opened or started

Septic Shock Presentation

Date and Time v5.8 Question #1

Q. Which date and time would you use for the *Septic Shock Presentation Date and Time* based only on the documentation below if a specified time and note opened timestamp was not available?

PA Note: “septic shock secondary to pneumonia.”

- Contact date/time: 8/1/2020 1600
- Scribe date/time: 8/1/2020 1620
- Unspecified date/time at top of note: 8/1/2020 1545

A. Use the contact date/time of 8/1/2020 at 1600 because this timestamp has the highest priority based on the guidance when a specified time and note opened timestamp are not available.

Severe Sepsis Present

COVID-19 New Guidance v5.8

Exclusion for patients with suspected or confirmed COVID-19 effective discharges starting 7/1/2020.

- Select Value “2” if there is physician/APN/PA documentation that coronavirus or COVID- 19 is suspected or present.

Severe Sepsis Present

New Guidance v5.8

- If documentation of an infection is in a physician/APN/PA, nursing, or pharmacist note without a specific date and time or documented using the acronym POA, use the date and time the note was started or opened.
 - If a timestamp reflecting the note opened or started time is unavailable, use the following sources in priority order.
 1. Provider Patient Care Initiated Time (e.g., Seen Time, Contact Time, etc.)
 2. Scribe Time
 3. Earliest time at the beginning of the note reflecting when the note was opened or started

Severe Sepsis Present

New Guidance v5.8

- If physician/APN/PA documentation within 6 hours following the initial documentation of the infection indicates that the infection is not present, disregard the initial documentation of the infection.

Examples:

- ED APN documents “sepsis” at 0800. PA notes “does not meet sepsis criteria” at 0930. Disregard APN documentation of “sepsis.”
- MD notes “pneumonia” at 1200. At 1500 MD notes “no clear source of infection.” Disregard the documentation of pneumonia.

Severe Sepsis Present

New Guidance v5.8

- If physician/APN/PA documentation within 6 hours following the initial documentation of an infection indicates that the infection is due to a viral, fungal, or parasitic source, disregard the initial documentation of the infection.

Severe Sepsis Present v5.8

Question #1

Q. Would you use the infection documentation below at 1300 to establish *Severe Sepsis Present* criteria A?

ED MD Note at 1300: “Obtaining CXR, likely pneumonia.”

Hospitalist Note at 1430: “CXR with PNA r/t influenza.”

A. No, disregard the infection documentation of pneumonia at 1300 because of the physician documentation within 6 hours after 1300 attributes pneumonia to a viral infection.

Severe Sepsis Present

New Guidance v5.8

- For the following, physician/APN/PA documentation prior to or within 24 hours after *Severe Sepsis Presentation Time* is required.
 - If the SIRS criteria or a sign of organ dysfunction is due to the following, it should not be used. Inferences should not be made. The abnormal value or reference to the abnormal value must be in the same documentation (i.e., same sentence or paragraph).
 - Normal for that patient
 - Is due to a chronic condition
 - Is due to a medication

Severe Sepsis Present v5.8 Question #2

Q. Would you use the elevated INR value based on the below physician documentation to establish *Severe Sepsis Present* organ dysfunction?

“INR this AM 2.3, sending to CT now, will recheck INR in AM. Continue Coumadin 2.5 QD for now.”

A. No, do not use the INR of 2.3 to establish organ dysfunction because the abnormal value and medication are included in the same documentation (i.e., same paragraph).

Severe Sepsis Present

New Guidance v5.8

- If SIRS criteria or a sign of organ dysfunction is due to an acute condition that has a non-infectious source/process, it should not be used (Refer to *Severe Sepsis Present* criteria “a” to determine if the source of the acute condition is an infection).

Examples:

- “Lactate 4.3 r/t seizure” “Seizure post brain injury” (seizure is the acute condition and brain injury is the non-infectious source).
- “AKI, not due to infection, creatinine 3.8.” (AKI is the acute condition and “not due to infection” is the non-infectious source).

Severe Sepsis Present

v5.8 Question #3

Q. Would you use the low platelet count to establish *Severe Sepsis Present* criteria C (organ dysfunction) based only on the documentation below that is within the specified timeframe?

PA Note: “anemia with thrombocytopenia, infection not suspected.”

A. No, the low platelets are attributed to anemia (acute condition) and an infection is not suspected (non-infectious source).

Severe Sepsis Present

New Guidance v5.8

- Choose Value “2” if **at the same time or** within 6 hours after documentation meeting clinical criteria or physician/APN/PA documentation of severe sepsis there is additional physician/APN/PA documentation indicating:
 - Patient is not septic.
 - Patient does not have Sepsis or Severe Sepsis.
 - Patient does not have Septic Shock, and Severe Sepsis was met by physician/APN/PA documentation that Septic Shock was present.
 - Severe Sepsis or Septic Shock is due to a viral, fungal, or parasitic infection.

Knowledge Check: Severe Sepsis Present

Which allowable value would you select for the *Severe Sepsis Present* data element if the PA documented “no sepsis” at 0730 and all three severe sepsis clinical criteria were met at 0730?

- A. Value “1” (Yes)
- B. Value “2” (No)

Knowledge Check: Severe Sepsis Present

Which allowable value would you select for the *Severe Sepsis Present* data element if the PA documented “no sepsis” at 0730 and all three severe sepsis clinical criteria were met at 0730?

A. Value “1” (Yes)

B. Value “2” (No)

Select Value “2” (No). The severe sepsis clinical criteria were met at the same time as the PA documentation indicating the patient did not have sepsis.

Severe Sepsis Presentation

Date and Time New Guidance v5.8

- If severe sepsis or septic shock is documented in a physician/APN/PA note without a specific time or documented using the acronym POA, the following apply:
 - If it is the only documentation of severe sepsis or septic shock in the note, use the time the note was started or opened.
 - If a timestamp reflecting the note opened or started time is unavailable, use the following sources in priority order.
 1. Provider Patient Care Initiated time (e.g. Seen date, Contact date, etc.)
 2. Scribe time
 3. Earliest time at the beginning of the note reflecting when the note was opened or started

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